

### HERITAGE MENU WEEK 3

2020/2021

<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>	<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
choice of cereals *scrambled eggs fried eggs *bacon or sausage toast with jelly choice of juice coffee, milk *yogurt <b>banana</b>	choice of cereals *scrambled eggs fried eggs *bacon or sausage <b>muffin</b> choice of juice coffee, milk *yogurt	chice of cereals *scrambled eggs fried eggs *bacon or sausage <b>biscuit &amp; gravy</b> choice of juice coffee, milk *yogurt	choice of cereals *scrambled eggs fried eggs *bacon or sausage <b>donut</b> choice of juice coffee, milk *yogurt	choice of cereals *scrambled eggs fried eggs *bacon or sausage toast with jelly choice of juice coffee, milk *yogurt <b>omellet</b>	choice of cereals *cheese omelet fried eggs *bacon or sausage <b>french toast</b> choice of juice coffee, milk *yogurt	choice of cereals *scrambled eggs fried eggs *bacon or sausages toast with jelly choice of juice coffee, milk *yogurt <b>pancake</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
chicken alfredo pasta broccoli  texas toast chocolate cream pie	chicken leg quarters acorn squash cabbage roll bread pudding	Crab patty wild rice california vegetables hush puppies banana cake	meat loaf carrots mashed potato roll peach cobbler	fried chicken mashed potato corn roll apple turn over	philly cheese steak potato chips   lemon bar	chicken quesadilla rice pilaf refried beans  white cake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Breckfast Brunch scrambled eggs dice potatoes picante sauce sausage patty rice pudding	Bone in honey glace ham / sweet potato green beans  chocolate chip cookies	cheese burger french fries  jello wth coolwip	turkey sanwich swiss cheese potato chips  assorted dessert	home made pizza   assorted dessert	pimento sandwich fried okra  german chocolate cake	white butter bean with ham & corn bread  peach pie
<b>ALTERNATE MENU</b>	<b>ALTERNATE MENU</b>	<b>ALTERNATE MENU</b>	<b>ALTERNATE MENU</b>	<b>ALTERNATE MENU</b>	<b>ALTERNATE MENU</b>	<b>dressings</b>
<i>chicken tender &amp; fries hamburger &amp; fries peanut butter &amp; jelly tuna cold plate</i>		<i>frito chili pie chef salad cobb salad grill chicken &amp; veg</i>		<i>grill cheese sandwich grill ham sandwich turkey &amp; provolone sandwich soup of the day</i>		<i>ranch creamy caesar honey mustard</i>

